

This institution is an equal opportunity provider

Name : July 2023 Childcare #2 Main Menu		Options Provided : Hot, Hot Vegetarian, Cold & Cold Vegetarian Meals			
		Meal : Lunch		Meal Pattern : CACFP	
Week I	Monday, July 3, 2023	Tuesday, July 4, 2023	Wednesday, July 5, 2023	Thursday, July 6, 2023	Friday, July 7, 2023
Hot Meal	<b>Closed</b>	<b>Closed</b>	<b>Miss Tammy Choice</b>	<b>Miss Tammy Choice</b>	<b>Domino's Cheese Pizza</b> Veggie Fruit Milk
Week II	Monday, July 10, 2023	Tuesday, July 11, 2023	Wednesday, July 12, 2023	Thursday, July 13, 2023	Friday, July 14, 2023
Hot Meal	<b>BBQ Beef Sandwich</b> CKC Baked Beans Diced Chilled Pears Milk	<b>Soft Shell Chicken Taco</b> WG Tortilla, Seasoned Chicken & Cheese Steamed Mixed Veggies Chilled Peaches Milk	<b>Meatball Sub w/Mozzarella</b> Sliced Cucumbers & Dip Banana Milk	<b>Brunch Lunch</b> French Toast Sticks & Syrup Tater Tots & Ketchup Fresh Melon Cubes Milk	<b>Domino's Cheese Pizza</b> Veggie Fruit Milk
Hot Veg	<b>BBQ Garden Burger - 2V</b>		<b>Cheesy Pull-Aparts - 3V</b>		
Week III	Monday, July 17, 2023	Tuesday, July 18, 2023	Wednesday, July 19, 2023	Thursday, July 20, 2023	Friday, July 21, 2023
Hot Meal	<b>Premium Chicken Nuggets</b> Ketchup Steamed Green Beans Diced Chilled Pears Milk	<b>Mandarin Orange Chicken</b> Steamed Brown Rice Crisp Broccoli w/ Dip Chilled Peaches Milk	<b>Good Ole Fashioned Hamburger</b> Ketchup Steamed Mixed Veggies Banana Milk	Chicken Caesar Wrap WG Roll Garden Salad & Dressing Fresh Melon Cubes Milk	<b>Domino's Cheese Pizza</b> Veggie Fruit Milk
Hot Veg			<b>Grilled Cheese Sandwich - 3V</b>	<b>Cheese Sandwich on Wheat Bread - 1V</b>	
Week IV	Monday, July 24, 2023	Tuesday, July 25, 2023	Wednesday, July 26, 2023	Thursday, July 27, 2023	Friday, July 28, 2023
Hot Meal	<b>Old Fashioned Sloppy Joe</b> Whole Grain Bun Steamed Mixed Veggies Diced Chilled Pears Milk	<b>Breaded Chicken Patty Sandwich</b> Bakery Bun & Ketchup Steamed Green Beans Chilled Peaches Milk	<b>Italian Dunkers</b> Dippin' Sauce Sliced Cucumbers & Ranch Banana Milk	<b>Brunch Lunch</b> Buttermilk Pancake <b>Homemade</b> Berry Burst Syrup Scrambled Eggs & Cheese, Tater Tots & Ketchup Fresh Melon Cubes & Milk	<b>Domino's Cheese Pizza</b> Veggie Fruit Milk
Hot Veg	<b>Garden Cheeseburger - 2V</b>			<b>French Toast Sticks &amp; Syrup -1V</b>	
Week V	Monday, July 31, 2023				
Hot Meal	<b>Mozzarella Burger</b> Fresh Bakery Bun & Ketchup CKC Baked Beans Diced Chilled Pears Milk				
Hot Veg	<b>Mozzarella Veggie Burger - 2V</b>				

\*\*\* Hot Veg and Cold meals are served with vegetables, fruit of the day & milk. Whole milk will be served to infants & 1 year olds. 2% milk will be served to the 2, 3, 4, & 5 year olds.\*\*\*

POZOLE ROJO		
Ingredients:	Steps	Serves 4-5
<p>a. 3 lb. Pork Shoulder, cut into 2" pieces.                      b. Kosher Salt                      c. Freshly ground black pepper                      d. 1 large yellow onion, quartered.                      e. 3 cloves garlic, sliced.                      f. 1 tsp. whole cloves                      g. 1 tsp. cumin seeds                      h. 1 bay leaf                      i. 4 cup chicken broth                      j. 2 dried chilis de arbol, 2 dried ancho chilis, 2 dried guajillo chilis stem and seeds removed                      k. 3 15oz cans hominy, drained and rinsed.</p>	<ul style="list-style-type: none"> <li>•Season pork with salt and pepper.</li> <li>•In a large pot over medium heat, add pork, onion, garlic, cloves, cumin seeds, bay leaf, and broth.</li> <li>•Add enough water to cover pork by 2".</li> <li>•Bring to a boil, then cover and reduce heat to a simmer. Let simmer for 1 ½ hours, skimming foam off top as necessary.</li> <li>•Place dried chilis into a medium bowl and pour 2 cups boiling water over. Soak for 30 minutes.</li> <li>•Place chilis and about 1/2C of soaking liquid into blender. Blend until smooth, adding water as necessary.</li> <li>•Add chili puree and hominy to pot with pork. Continue to simmer, covered, until pork is very tender, about 1 ½ hours more.</li> <li>•Serve with a choice of radishes, cabbage, cilantro, avocado, warm corn tortillas, cotija cheese, limes, tortilla chips.</li> </ul>	

**August 2023 Menu (Subject to Change)**

Week V	Tuesday, August 1, 2023	Wednesday, August 2, 2023	Thursday, August 3, 2023	Friday, August 4, 2023
Hot Meal	<b>Pomodoro Meatballs</b> WG Dinner Roll Mashed Potatoes Chilled Peaches Milk	<b>Creamy Mac &amp; Cheese</b> Fresh Greens & Dressing Banana Milk	<b>Teriyaki Chicken</b> Steamed Seasoned Rice Steamed Carrots Fresh Melon Cubes Milk	<b>Cheese Quesadilla</b> Fresh Broccoli & Dip Applesauce Cup Milk
Hot Veg	Veggie Nuggets w/ Ketchup & Dinner Roll	Cheese Hot Pocket w/ Italian Dip	Grilled Cheese Sandwich	Cheese Quesadilla
Cold	Honey Mustard Chicken Bun	Turkey Bun w/Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun
Cold Veg	4.6 oz Wowbutter & Jelly Sandwich	Deli Cheese Wrap	Cheese Sandwich on Wheat Bread	Egg Salad & Dinner Roll

Week VI	Monday, August 7, 2023	Tuesday, August 8, 2023	Wednesday, August 9, 2023	Thursday, August 10, 2023	Friday, August 11, 2023
Hot Meal	<b>Swedish Meatballs</b> Soft Dinner Roll Steamed Green Beans Diced Chilled Peas Milk	<b>Macaroni &amp; Meatsauce</b> Steamed Sweet Peas Chilled Peaches Milk	<b>Stuffed Cheese Stick Pack w/ Dip</b> Steamed Mixed Veggies Banana Milk	<b>Cheeseburger</b> Whole Grain Bun & Ketchup CKC Baked Beans Fresh Melon Cubes Milk	<b>Chicken Fritters w/ Ketchup</b> Mixed Green Salad & Dressing Applesauce Cup Milk
Hot Veg	Pizza Crunchers & Italian Dip	Cheesy Pull-Aparts	Cheese Quesadilla	Garden Cheeseburger	Veggie Nuggets w/ Ketchup & Dinner Roll
Cold	Turkey & Cheddar Chz Wrap	Honey Mustard Chicken Bun	Turkey Bun w/Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun
Cold Veg	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Deli Cheese Wrap	Cheese Sandwich on Wheat Bread	Egg Salad & Dinner Roll