

This institution is an equal opportunity provider

Menu Info					
Name : October 2021 Child Care #2 Main Menu - with Fresh & Steamed Veggies					
Age Group : Childcare (Ages 3-5)		Meal : Lunch		Meal Pattern : CACFP	
CKC Chef Spotlight - Chef Ambika (& Menu Planner, CKC)					
Friday, October 1, 2021					
Week V					Bosco Stuffed Breadstick Italian Dip Cucumbers & Dip Fruit of the Day
Monday, October 4, 2021		Tuesday, October 5, 2021		Wednesday, October 6, 2021	
Popcorn Chicken Ranch Dip Dinner Roll Steamed Mixed Veggies Fruit of the Day		Brunch Lunch French Toast Sticks & Syrup Yogurt Cup Tater Tots w/Ketchup Fruit of the Day		Turkey & Cheddar Chz Wrap Garden Salad & Dressing Fruit of the Day	
Thursday, October 7, 2021		Friday, October 8, 2021			
All Beef Hamburger WG Bun & Ketchup Cucumber Slices & Dip Fruit of the Day		Cheese Quesadilla Steamed Green Beans Fruit of the Day			
Monday, October 11, 2021		Tuesday, October 12, 2021		Wednesday, October 13, 2021	
Premium Chicken Tenders Ketchup CKC Baked Beans Fruit of the Day		Meatball Sub Whole Grain Hot Dog Bun Crisp Dinner Salad & Dressing Fruit of the Day		Orange Chicken Steamed Rice Steamed Sweet Peas Fruit of the Day	
Thursday, October 14, 2021		Friday, October 15, 2021			
Brunch Lunch Buttermilk Pancake & Syrup Sausage Patties Cucumber Slices & Dip Fruit of the Day		Teriyaki Grilled Chicken WG Dinner Roll Steamed Green Beans Fruit of the Day			
Monday, October 18, 2021		Tuesday, October 19, 2021		Wednesday, October 20, 2021	
BBQ Meatballs Corn Muffin CKC Baked Beans Fruit of the Day		Wild Mikes Cheese Bites Italian Dippin Sauce Cucumber Slices & Dip Fruit of the Day		Soft Shell Beef Taco WG Tortilla, Seasoned Beef & Cheese Garden Salad & Dressing Fruit of the Day	
Thursday, October 21, 2021		Friday, October 22, 2021			
Brunch Lunch Pancake & Syrup Yogurt Cup & Cheese Stick Fruit of the Day		Pizza Quesadilla Crisp Broccoli Fruit of the Day			
Monday, October 25, 2021		Tuesday, October 26, 2021		Wednesday, October 27, 2021	
Chicken & Cheese Torta Sandwich Steamed Peas Fruit of the Day		Hamburger w/ Ketchup Beef Patty, WG Bun & Ketchup Crisp Salad & Dressing Fruit of the Day		Italian Dunkers Dippin' Sauce Steamed Green Beans Fruit of the Day	
Thursday, October 28, 2021		Friday, October 29, 2021			
Chicken & Cheddar Wrap Steamed Carrots Fruit of the Day		Chicken Tenders & Ketchup Cucumbers & Dip Fruit of the Day			
Hot Veg and Cold meals are served with vegetables and fruit of the day					

*Skim and 1% milk choices offered daily
*All Bread/Chips/Tortillas listed in the menu are whole-grain products.