

This institution is an equal opportunity provider

Name : November 2022 Childcare #2 Main Menu					
Age Group : Childcare (Ages 3-5)		Meal : Lunch		Meal Pattern : CACFP	
Week II		Tuesday, November 1, 2022	Wednesday, November 2, 2022	Thursday, November 3, 2022	Friday, November 4, 2022
Hot Meal		Soft Shell Chicken Taco	Meatball Sub w/Mozzarella	Brunch Lunch	Chicken Butter Parmesan Pasta
		WG Tortilla, Seasoned Chicken & Cheese	Sliced Cucumbers & Dip	French Toast Sticks & Syrup	Mixed Greens Salad & Dressing
		Steamed Mixed Veggies	Banana	Tator Tots & Ketchup	Fruited Applesauce/Apple Wedges
		Chilled Peaches	Milk	Orange Wedges/Mandarin Oranges	Milk
		Milk		Milk	
Week III	Monday, November 7, 2022	Tuesday, November 8, 2022	Wednesday, November 9, 2022	Thursday, November 10, 2022	Friday, November 11, 2022
Hot Meal	Premium Chicken Nuggets	Mandarin Orange Chicken	Good Ole Fashioned Hamburger	Cheesy Meatballs	"New" Authentic Chicken Stir Fry
	Ketchup	Steamed Brown Rice	Ketchup	WG Roll	Seasoned Rice
	Steamed Green Beans	Crisp Broccoli w/ Dip	Steamed Mixed Veggies	Garden Salad & Dressing	Steamed Cabbage
	Diced Chilled Pears	Chilled Peaches	Banana	Orange Wedges/Mandarin Oranges	Fruited Applesauce/Apple Wedges
	Milk	Milk	Milk	Milk	Milk
Week IV	Monday, November 14, 2022	Tuesday, November 15, 2022	Wednesday, November 16, 2022	Thursday, November 17, 2022	Friday, November 18, 2022
Hot Meal	Old Fashioned Sloppy Joe	Breaded Chicken Patty Sandwich	Italian Dunkers	Brunch Lunch	Sheet Pan Chicken
	Whole Grain Bun	Bakery Bun & Ketchup	Dippin' Sauce	French Toast Sticks & Syrup	Dinner Roll
	Steamed Mixed Veggies	Steamed Green Beans	Sliced Cucumbers & Ranch	Tator Tots w Ketchup	Crisp Salad & Dressing
	Diced Chilled Pears	Chilled Peaches	Banana	Orange Wedges/Mandarin Oranges	Fruited Applesauce/Apple Wedges
	Milk	Milk	Milk	Milk	Milk
Week V	Monday, November 21, 2022	Tuesday, November 22, 2022	Wednesday, November 23, 2022	Thursday, November 24, 2022	Friday, November 25, 2022
Hot Meal	Mozzarella Burger	Pomodoro Meatballs	Creamy Mac & Cheese	Teriyaki Chicken	Cheese Quesadilla
	Fresh Bakery Bun & Ketchup	WG Dinner Roll	Fresh Greens & Dressing	Steamed Seasoned Rice	Fresh Broccoli & Dip
	CKC Baked Beans	Mashed Potatoes	Banana	Steamed Cabbage	Fruited Applesauce/Apple Wedges
	Diced Chilled Pears	Chilled Peaches	Milk	Orange Wedges/Mandarin Oranges	Milk
	Milk	Milk		Milk	
Week VI	Monday, November 28, 2022	Tuesday, November 29, 2022	Wednesday, November 30, 2022		
Hot Meal	Swedish Meatballs	Cheesy Lasagna Roll	"New" Sheet Pan Curry Chicken		
	Soft Dinner Roll	Steamed Sweet Peas	Bakery Roll		
	Steamed Green Beans	Chilled Peaches	Creamy Mashed Potatoes		
	Diced Chilled Pears	Milk	Banana		
	Milk		Milk		

*** Hot meals are served with vegetables, fruit of the day & milk.

* Skim and 1% milk choices offered daily.
 * All Bread/Bread Products/Chips/Tortillas listed in the menu are Whole-grain products.
 * All Rice/Rice Products listed in the menu are Whole-grain brown rice products.