

September 2020 Childcare #2 Main Menu (Includes Hot, Cold and Vegetarian Lunch Options)					
	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Lunch	<p>The best way to predict the future is to invent it.</p> <p>- Alan Kay, Computer Scientist</p>	<p>Orange Chicken Steamed Rice Marinated Chilled Broccoli Fresh Fruit of the Day</p>	<p>Cheeseburger Pasta Bake Crisp Garden Salad & Dressing Fresh Fruit of the Day</p>	<p>Cheese Calzone Cucumbers w Dip Chilled Fruit of the Day</p>	<p>Beef & Potato Wrap Whole Grain Tortilla, Seasoned Beef & Potatoes Boom Sauce Fresh Fruit of the Day</p>
Week III					
Hot Lunch	<p>Old Fashioned Sloppy Joe Whole Grain Bun Steamed Mixed Veggies Chilled Fruit of the Day</p>	<p>Chicken Taco WG Tortilla, Chicken & Cheese Cheesy Refried Beans Fresh Fruit of the Day</p>	<p>Swiss Salisbury Steak Mashed Sweet Potatoes Whole Grain Bakery Roll Fresh Fruit of the Day</p>	<p>Mac & Cheese Steamed Green Beans Chilled Fruit of the Day</p>	<p>French Toast Sticks Syrup Fresh Fruit of the Day 100% 4.23 oz V Juice</p>
Week IV					
Hot Lunch	<p>Golden Chicken Patty Sandwich WG Bakery Bun & Ketchup Steamed Peas Chilled Fruit of the Day</p>	<p>Soft Shell Hearty Beef Taco WG Tortilla, Homemade Taco Meat Shredded Cheese Cucumber Slices Fresh Fruit of the Day</p>	<p>Sweet & Sour Chicken Wheat Dinner Roll Steamed Broccoli Fresh Fruit of the Day</p>	<p>Creamy Swedish Meatballs Dinner Roll Mashed Sweet Potatoes Chilled Fruit of the Day</p>	<p>Chicken Enchilada Pasta Fresh Cilantro Crisp Salad & Homemade Dressing Fresh Fruit of the Day</p>
Week V					
Hot Lunch	<p>Golden Chicken Nuggets Dinner Roll Steamed Mixed Veggies Chilled Fruit of the Day</p>	<p>Brunch Lunch French Toast Sticks & Syrup 100% 4.23 oz V Juice Fresh Fruit of the Day</p>	<p>Augratin Potatoes & Chicken Fresh Bakery Roll Garden Salad & Dressing Fresh Fruit of the Day</p>	<p>All Beef Hamburger WG Bun & Ketchup Cucumber Slices & Dip Chilled Fruit of the Day</p>	<p>Cheese Quesadilla Steamed Green Beans Fresh Fruit of the Day</p>
Week VI					
Hot Lunch	<p>Premium Chicken Tenders Ketchup CKC Baked Beans Chilled Fruit of the Day</p>	<p>Meatball Sub Whole Grain Hot Dog Bun Crisp Dinner Salad & Dressing Fresh Fruit of the Day</p>	<p>Pot Pie Chicken & Veggie Topper Serve over Creamy Mashed Potatoes Whole Grain Bakery roll Fresh Fruit of the Day</p>	<p>There are about 7500 varieties of apple, so that if a person eats one variety a day, it would take over 20 years to complete all of them. (And more new varieties are getting added to the list every year).</p>	
Week I					

*Skim and 1% milk choices offered daily.
*All Bread/Chips/Tortillas listed in the menu are whole-grain products.

**Fresh, Healthy, Good Food
Every Day!!!**



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